

Presents



SALEM SLEEP SUMMIT - 2024

Theme: Integrating Sleep medicine into daily practice

MAY

12
SUNDAY

2024

SALEM SLEEP SUMMIT - 2024

Theme: Integrating Sleep medicine into daily practice

Venue - Radisson Hotel, Salem.

[Click to register](#)

Prepare to awaken your practice - Registration opening soon!

*TNMC credit points applied



SALEM SLEEP SUMMIT - 2024

The best bridge between despair and hope is a good night's sleep

Sleep disorders are often under-diagnosed and lead to morbidity and mortality. We are organising the Salem sleep summit, a first of its kind conference which tries to bridge the gap between scientific advancements and clinical practice in the field of sleep medicine. With a theme centered around "Integrating Sleep Medicine into Daily Practice," this summit aims to empower healthcare providers with the knowledge and skills necessary to recognize, diagnose, and manage sleep disorders effectively.

Organising Team:

Dr Suresh Viswanathan

Managing Director

SKS Hospital & Postgraduate Medical Institute

Dr Shirpi mani

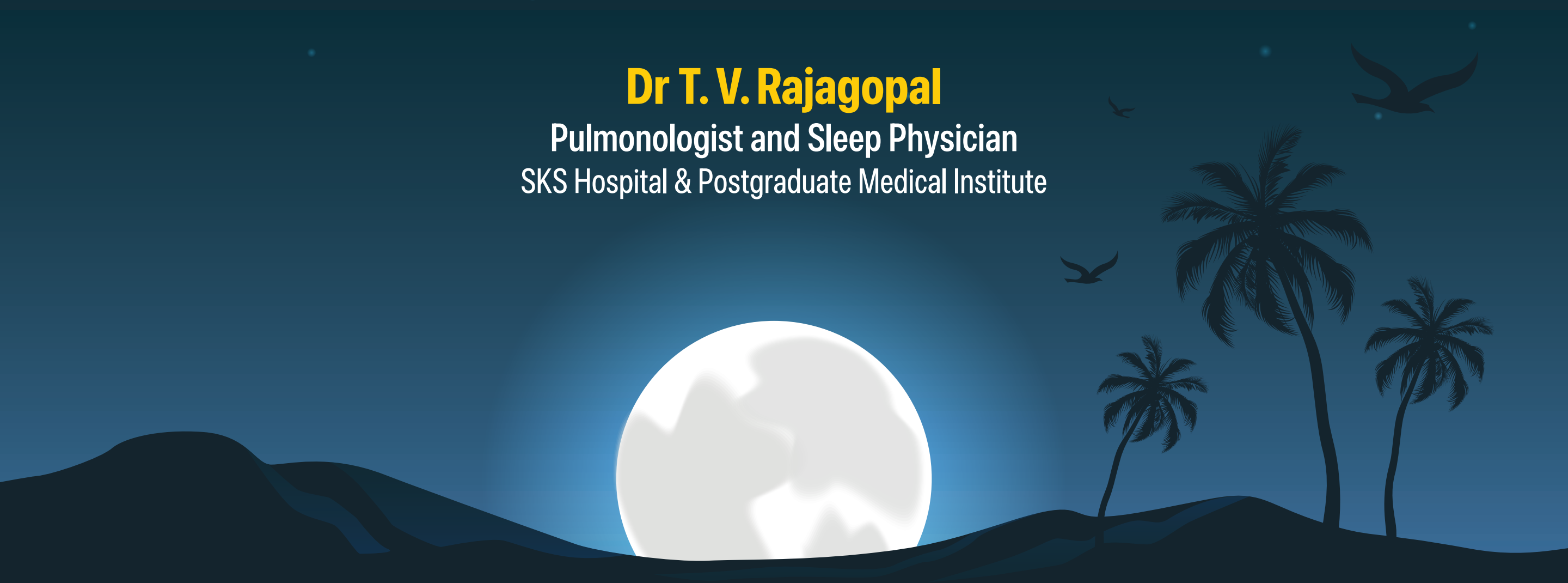
Chief Executive Director

SKS Hospital & Postgraduate Medical Institute

Dr T. V. Rajagopal

Pulmonologist and Sleep Physician

SKS Hospital & Postgraduate Medical Institute



Faculties



Dr Aswin Oliver

Associate Professor, Respiratory medicine,
Christian Medical College, Vellore



Dr Abhishek Goyal

Professor, GEIMS, Dehradun.



Dr Ravi Gupta

Professor of Psychiatry,
AIIMS, Rishikesh



Dr Ravi Yadav

Professor of Neurology,
NIMHANS, Bangalore.



Dr Viswesvaran Balasubramanian

Interventional Pulmonology & Sleep Medicine
Yashoda Hospitals, Somajiguda, Hyderabad



Dr Vijaya Krishnan, ENT Surgeon,

HOD - Snoring & Sleep Disorders
Madras ENT Research Foundation



Dr T. V. Rajagopal

Pulmonologist and Sleep Physician



Dr M. Shathish Kumar

Adult, Paediatric & Interventional
Cardiologist



Dr S. Nishanth

Critical Care Physician



Dr Major. P. Sabari rajan

ENT, Head & Neck Surgeon



Dr M. Senthil Raja

Diabetologist & Endocrinologist



Dr G. Gunaseelan

Critical Care Physician & Pulmonologist



Dr R. Shinika

Child & Adolescent Psychiatrist

Programme Schedule

Session 1: Obstructive sleep Apnea - Basics

Timing	Topic	Speaker
9:00 am to 9:20 am	Basics of sleep disordered breathing and its complications	Dr Ashwin Oliver
9:20 am to 9.40 am	OSA: Burden and screening questionnaire in Indian settings LIVE	Dr Abhishek Goyal
9.40 am to 10.00 am	In-lab Vs Out-of-lab testing: When & How?	Dr T. V. Rajagopal
10.00 am to 10.15 am	Q & A	
10.15 am to 10.45 am	Inauguration	
10.45 am to 11.00 am	Break	

Session 2: Endocrinology & Sleep

11.00 am to 11.20 am	Metabolic syndrome & OSA – The Missing link	Dr M. Senthil Raja
11.20 am to 11.40 am	When to screen for OSA in Hypertensives?	Dr S. Nishanth
11.40 am to 11.55 am	Q & A	

Session 3: Psychiatry & Sleep

11.55 am to 12.15 pm	Insomnia – The Burden and how to evaluate? LIVE	Dr Ravi Gupta
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Programme Schedule

Session 3: Psychiatry & Sleep

Timing	Topic	Speaker
12.15 pm to 12.35 pm	CBT-I: The game changer in insomnia management	Dr R. Shinika
12.35 pm to 12.55 pm	Q & A	
01.00 pm to 02.00 pm	Lunch	

Session 4: Cardiology & Sleep

02.00 pm to 02.20 pm	Heart failure & OSA – The deadly duo	Dr M. Shathish kumar
02.20 pm to 02.40 pm	Q & A	

Session 5: Neurology & Sleep

02.40 pm to 03.00 pm	Restless leg syndrome – Are we missing the elephant in the room? • LIVE	Dr Ravi Yadav
03.00 pm to 03.15 pm	Q & A	
3.15 pm to 3.30 pm	Break	

Session 6: Management of OSA

03.30 pm to 03.50 pm	What do we do in Sleep lab?	Dr G. Gunaseelan
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Programme Schedule

Session 6: Management of OSA

Timing	Topic	Speaker
03.50 pm to 04.10 pm	Role of DISE in the evaluation of OSA	Dr Major. P. Sabarirajan
04.10 pm to 04.30 pm	Surgeon's perspective - OSA	Dr Vijaya Krishnan
04.30 pm to 4.50 pm	PAP therapy basics to bedside LIVE	Dr Viswesvaran Balasubramanian
04.50 pm to 5.10 pm	Q & A	

Registration Last date for registration - 05/05/24

Discover the latest in sleep medicine at the Salem Sleep Summit!

Registration for our CME is now open at skshospital.org

For Registration related queries, kindly contact:

Dr T. V. Rajagopal : +91 96006 62275

Mr. Murali: +91 99944 11152

Click to register

**Sleep Technologists
Respiratory Therapists**

₹ 800/-

Postgraduates

₹ 1000/-

Consultants

₹ 1500/-

Spot Registration

₹ 1750 /-

Who can register!

Physicians, General Practitioners, Diabetologists, Pulmonologists, ENT Surgeons, Endocrinologists, Neurologists, Psychiatrists, Cardiologists, Sleep Technicians, Respiratory Therapists.